

Free Diabetes Guide

Chapter 1 : Free Diabetes Guide

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Living healthy with diabetes a guide for adults 55 and up as people get older, their risk for type 2 diabetes increases. in fact, in the united states about one in four people over the age of 60 has diabetes. if you already have diabetes, you may find that you need to adjust how you manage your condition as the years go by. this booklet provides information to help you take care of your Yes add yes yes yes no blood glucose-lowering therapies (type 2 diabetes) no how to screen test result dysglycemia category fpg (mmol/l) no caloric intake for at least 8 hours

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